



SPEAK UP! Stay ChatTY Fundraising Request Form



staychatty@reltas.com.au
www.staychatty.com.au



Relationships Australia
TASMANIA



Who we are

Since Stay ChatTY was founded in 2013, we have sparked thousands of conversations and created a positive ripple effect both here in Tasmania and nationwide. We approach each day with the drive to make a difference in our community. Mental health challenges do not discriminate and that's why we at Stay ChatTY say – mental health is everyone's business!

If we can expand someone's awareness when it comes to their mental health and offer even one tool or strategy that helps someone to support themselves or someone in their lives, we know we are doing our bit to break down the stigma that surrounds mental health and suicide.

Mitch McPherson established the organisation in 2013 after his younger brother Ty died by suicide. Mitch began his journey by sharing his personal story of loss to encourage others to speak up and seek help when they have issues or go through difficult times.

1 in 5

Australians experience a mental illness in any given year.

Black Dog Institute

What we do

The Stay ChatTY team organise community events, fundraisers and presentations to community groups, workplaces, sporting clubs and schools to promote the SPEAK UP! Stay ChatTY message.

The team works hard throughout Tasmania and Australia to raise awareness about mental health and suicide, and share that it's OK to not be OK, where to find help, and how we can support each other in tough times.

Our Partnership with Relationships Australia Tasmania

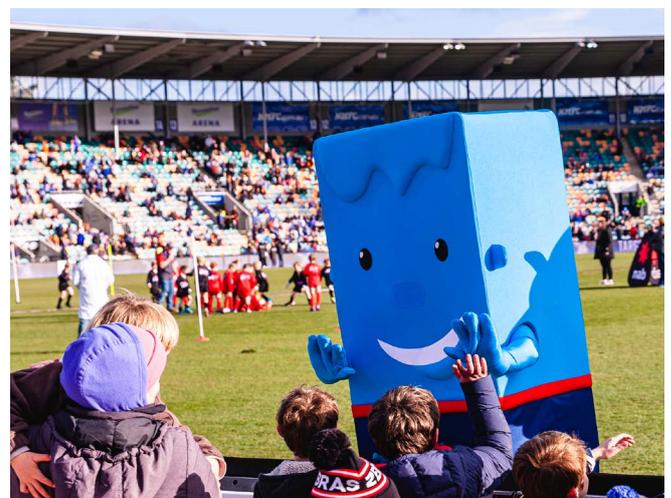
Stay ChatTY is proud to formally partner with Relationships Australia Tasmania in the delivery of our SPEAK UP! Stay ChatTY programs.

Stay ChatTY has been working with Relationships Australia Tasmania since 2014, delivering suicide prevention and mental health promotion programs across Tasmania.

Our partnership is an exciting collaboration and Relationships Australia Tasmania help to provide Stay ChatTY with day-to-day operational and governance support, allowing us to engage with more communities and individuals across Tasmania. All donations and funds raised for SPEAK UP! Stay ChatTY will be used to deliver mental health promotion and suicide prevention programs to further the Stay ChatTY key messages.

Mental Health

is everyone's business.



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GET INVOLVED

We are so excited (and grateful) you want to support **SPEAK UP! Stay ChatTY**.

Here are some ways you can get involved:

JUST ME

- Put a Stay ChatTY sticker on your car
- Check in on a friend if you see the Stay ChatTY sticker
- Keep up with us on Facebook & Instagram
- Check out our website www.staychatty.com.au
- Make a donation through MyCause www.mycase.com.au
- Purchase Stay ChatTY merchandise from our website www.staychatty.com.au
- Read Mitch's book - Behind the Smile www.mitchmcperson.com.au

CREATE A FUNDRAISER

Want to create your own fundraiser? Get in touch with our Community Engagement Officer at staychatty@relias.com.au to discuss your idea.

- Walk/run a distance of your choice
- Hold a garage sale
- Host a morning tea or BBQ
- Ask for donations in exchange for birthday and Christmas presents
- Host a sporting round within your club
- Organise a casual or themed clothes day
- Host a golf day or quiz night
- Participate in mental health awareness events

MY WORKPLACE & COMMUNITY

- Put Stay ChatTY stickers on all work vehicles
- Make your desk/office a chat-friendly zone
- Build your mental health skills:
 - ASIST Training
 - Mental Health First Aid
- **Part of a workplace or community group?** Request a Stay ChatTY Presentation - staychatty@relias.com.au
- **Part of a school or sporting club?** Request a Program Presentation - staychatty@relias.com.au

PROMOTE THE MESSAGE

SPEAK UP: when you aren't feeling ok or you notice someone else is struggling.

STOP THE STIGMA: help us normalise the conversation by opening up the dialogue when it comes to mental health.

GET HELP: find out what resources are out there and access professional help when you need it.

BE KIND: we get multiple chances each day to act with kindness - take those chances to make a positive impact in your community.

LISTEN: listen actively and without judgement to people who are struggling.



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SPEAK UP! Stay ChatTY Authority to Fundraise Form

Before beginning any fundraising activities on behalf of SPEAK UP! Stay ChatTY, please complete this form and send to staychatty@reltas.com.au

Personal details

Contact person: _____

Company name: _____

Address: _____

Suburb: _____

State: _____

Postcode: _____

Phone number: _____

Email address: _____

Are you over 18? YES: NO:

If you are under the age of 18 years your fundraising event must be supervised by an adult.

Adult name and contact number: _____

Why are you passionate about Stay ChatTY? _____

Fundraising information

Name of your event/activity: _____

Please share some information about your event/activity: _____

Fundraising target: _____

Estimated number of people involved in your event/activity: _____

Date/s of your event/activity: _____

Venue name and address: _____

Who will be assisting you with your event?
i.e collecting donations, directing crowds,
executing event requirements (full names) _____

*if any of the people assisting in collecting donations are under the age of 16, they are required to be supervised by an adult at all times.



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SPEAK UP! Stay ChatTY Authority to Fundraise Form

Would you like Stay ChatTY resources and promotional items at your event? YES: NO:

Will you be collecting donations? YES: NO:

If so, would you like donation tins? YES: NO:

Will you be holding a raffle? YES: NO:

If yes, provide details _____

Will you be raising funds for any other charities at this event? YES: NO:

If so, who? _____

Will you be holding an auction? YES: NO:

If yes, provide details _____

Other relevant information _____

Would you like to subscribe to the Stay ChatTY newsletter? YES: NO:

ACKNOWLEDGEMENT: I understand this form will be reviewed by the SPEAK UP! Stay ChatTY Team to ensure my event/activity aligns with SPEAK UP! Stay ChatTY’s mission, values & key messages. I acknowledge that, pending approval, I will be provided with Branding & Fundraising Guidelines from SPEAK UP! Stay ChatTY and I will do my best to comply with those guidelines.

I understand that SPEAK UP! Stay ChatTY can withdraw approval of this event/activity at any time, should the event/activity or the event/activity organisers fail to comply with the Branding & Fundraising Guidelines.

In the preparation and execution of my event/activity I will ensure legal compliance and consider the safety and security of all participants. Further I understand that I will be responsible for public liability insurance and workers compensation insurance for the event/activity. SPEAK UP! Stay ChatTY and all their associated team and volunteers cannot be held responsible of any loss or damage that occurs as a direct or indirect result of the event/activity outlined in this agreement.

I confirm I am in a suitable physical and mental condition to organise and complete this event/activity and have considered any and all risks that may be associated with this event.

Stay ChatTY is a small team who travel state-wide to deliver program presentations all year round. In honouring this commitment, unfortunately it often means we have limited availability to come along to additional events. If the Stay ChatTY team coming along to your event is important to you please speak with us directly via email about the team’s availability. We appreciate your understanding in that although we would love to come along to everything, this won’t always be possible.

Applicant full name: _____

Applicant signature: _____ Date: _____

To donate or transfer funds, please use our mycause account

1. Go to www.staychatty.com.au
2. Click “Donate”

For donation tins or cash donations, please email us at staychatty@reitas.com.au

OFFICE USE ONLY

Approved by: _____ Signature: _____ Date: _____

Event number: _____ Donation tin: _____



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